



**Senate Ways and Means Committee Meeting
January 24, 2013**

***Overview of the Governor's
Mental Health Initiative***

Presented by:

Shawn Sullivan, Secretary

Kansas Department for Aging and Disability Services

Need for Mental Health programs

- Mental health is as important as physical health.
 - Estimated that 1 in 5 individuals will be affected at some point in their life by a mental illness.
- Important to recognize the value of mental health in our overall health delivery system.
- If persons with mental illness do not receive treatment, their condition can deteriorate.

Need for Mental Health programs

- Deterioration can require higher levels of care and lead to increased contact with:
 - Law enforcement
 - Jails
 - Foster Care system
 - Emergency Rooms
 - State Hospitals



History of Mental Health reform in Kansas

- In 1990, the Legislature passed the Kansas Mental Health Reform Act
- Goal was to decrease reliance on institutional in-patient psychiatric beds and place more focus on community based services.
- Effort was successful.
 - Today, the State of Kansas has a 305 psych beds capacity
- Must continue to evaluate our mental health delivery system and ensure that it is serving current and emerging populations.



Current Mental Health System

- The system for delivering community based mental health services currently consists of 27 mental health centers.
- The mental health centers are responsible for making sure that a core array of mental health services are available in the areas they serve.
- Centers perform a gatekeeping function using specialized staff to “screen” persons who are at the risk of State hospitalization.
- The purpose of the screening is to ensure that clients who need hospitalization get it, and those that don’t need hospitalization get services in the least restrictive environment.
- State regulations require mental health centers to provide necessary mental health services to all clients regardless of their ability to pay.



Governor's Mental Health Initiative Proposal

Initiative Funding

- \$10 million dollar initiative
 - \$5 million of grants Community Mental Health Centers (CMHCs) receive will be re-focused to support at-risk consumers.
- Administration proposal will stabilize SGF funding resources for CMHCs
 - Proposal recognizes the loss of Children Initiatives Fund (CIF) dollars that will occur this year that impacts CMHCs.
 - As a result, Administration proposes to preserve the \$5 million CIF dollars with SGF
- **Proposal ensures no overall loss of resources to public mental health system in FY 2014**

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ADASTRA

Regional Recovery Support Centers

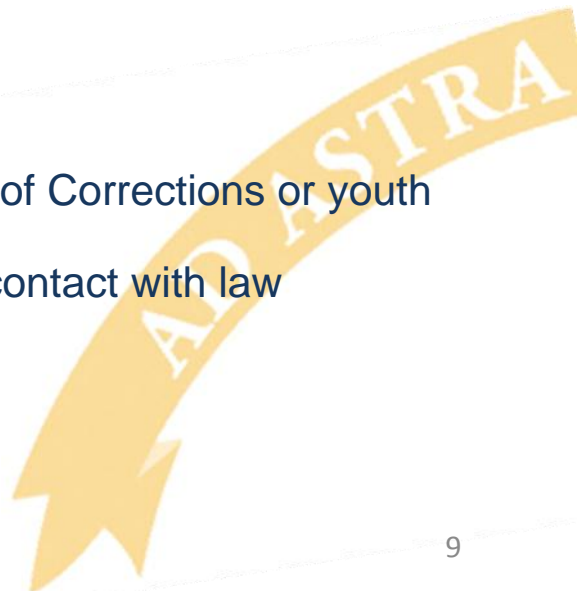
Creation of regional recovery support centers

- **5-7 community mental health centers will be chosen to serve as the regional recovery support center**
 - Resources will be accessible to all CMHCs in the defined region.
- The regional system will provide the means for CMHCs to have access to resources that they can not always afford to provide.
- These resources will focus on engagement, increasing protective factors and quality of life.
- Funding will be distributed based on several factors including:
 - total projected numbers of individuals at risk in the region who could benefit from the regional infrastructure,
 - needs of those individuals,
 - analysis of current CIF allocations

AD ASTRA

Regional Recovery Support Centers

- **\$5 million will be used to enhance or develop:**
 - Intensive case management and care coordination
 - Crisis stabilization services
 - Parent and Peer support services
 - Employment and Housing supports and options
 - Evidenced based services including: in-home family therapy and Dialectal behavioral therapy
- **Target at-risk populations may include:**
 - Adults or youth with frequent inpatient admissions
 - Adults or youth with a mental illness leaving Department of Corrections or youth detention
 - Adults or youth with a mental illness who have frequent contact with law enforcement and judicial system
 - Adults or youth with dual or co-occurring diagnosis
 - Youth who are at risk for entering state custody



Increased effectiveness for at-risk consumers

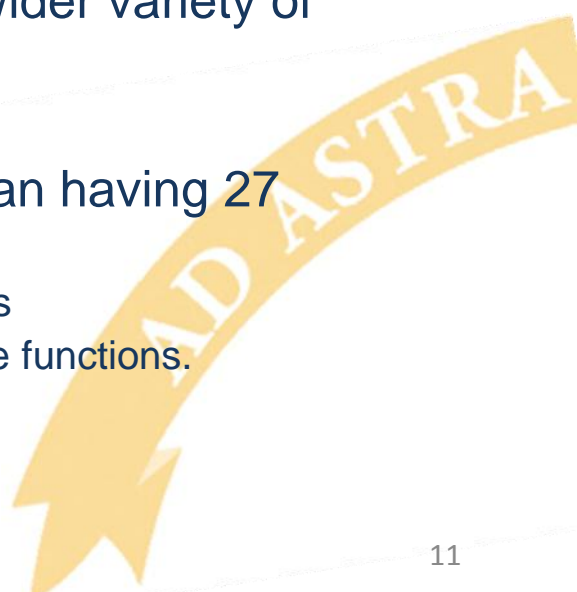
More effective programs for at-risk consumers

- \$5 million will continue to be allocated to the 27 Kansas Community Mental Health Centers to support at-risk consumers.
- CMHCs must demonstrate outcomes for this targeted population
 - Tax dollars must support effective programs



The Need for Change

- **Regional Recovery Support Centers provide new opportunities**
 - Expand availability of proven services and professional expertise statewide.
 - Will allow consumers to receive more specialized and evidenced based services anywhere
 - This will bring evidence-based practices to rural areas.
 - Equip the mental health system to serve a wider variety of challenges through resource sharing.
 - Encourage a systemic perspective rather than having 27 separate entities.
 - Potential for more efficiencies and more cost-savings
 - May generalize to other areas such as administrative functions.



The Need for Change

- **Ensuring Accountability for Individual Services**
 - Opportunity to know how State dollars are being spent
 - Increased ability to determine actual costs to serve most challenging individuals.
 - Increased ability to determine what is actually working/not working
 - ✓ Necessary to help us target how to spend limited resources
 - Re-focus the Mental Health system on serving the most challenging individuals in a community setting.
 - Potential for new resources to be developed

A yellow banner with a ribbon-like shape, curving upwards from the bottom right towards the center. The text "AD ASTRA" is written in white, uppercase letters across the banner.

AD ASTRA

Mental Health Task Force

Creation of a taskforce to comprehensively study Kansas' mental health system

- New taskforce will comprehensively evaluate our current mental health system and make recommendations to transform the system.
- Taskforce will look at best practices to increase protective factors for person with or at risk of mental illness
- Taskforce members will include persons who have experienced recovery as well as professionals from broad multi-disciplinary expertise.

ALBA STRA

Implementation

- KDADS staff is currently working on developing policy framework.
- KDADS is developing plans for implementation that will include:
 - impact analysis to ensure families currently supported by CIF funds will continue to be supported within the new system of care
 - a stakeholder analysis that will identify who needs to be engaged in implementation
 - communication plan that provides transparency for the process.
- Time-line of events is projected to be developed by **February 1, 2013.**

