

Journal of Child and Adolescent Psychopharmacology Manuscript Central:
<http://mc.manuscriptcentral.com/jcap>

Evaluation of Intravenous Immunoglobulin in Pediatric Acute-Onset Neuropsychiatric Syndrome

Journal:	<i>Journal of Child and Adolescent Psychopharmacology</i>
Manuscript ID	Draft
Manuscript Type:	Original Research
Date Submitted by the Author:	n/a
Complete List of Authors:	Melamed, Isaac; IMMUNOe Health and Research Centers Kobayashi, Roger; University of California Los Angeles O'Connor, Maeve; Allergy, Asthma & Immunology Relief Kobayashi, Ai; Midlands Pediatrics Schechterman, Andrew; Colorado Neurocognitive Consulting Heffron, Melinda; IMMUNOe Health and Research Centers Canterberry, Sharon; Midlands Pediatrics Miranda, Holly; IMMUNOe Health and Research Centers Rashid, Nazia; Dunwoody Consulting,
Keyword:	Other Disorders
Manuscript Keywords (Search Terms):	IVIG, PANS, PANDAS, Octagam
Abstract:	<p>Objectives: Pediatric acute-onset neuropsychiatric syndrome (PANS) is a clinical diagnosis in children who have an acute manifestation of varied neuropsychiatric symptoms, including obsessive compulsive disorder (OCD), eating disorders, tics, anxiety, irritability, and problems with attention/concentration. PANS may develop as a result of a post-infectious syndrome and may represent a new form of post-infectious autoimmunity. To test the hypothesis that PANS is related to an immune dysfunction, a multi-site, open-label study was designed to explore the efficacy of a novel IVIG treatment regimen.</p> <p>Methods: The primary endpoint was evaluation of the efficacy of IVIG [Octagam 5%] in PANS over a period of 6 months (6 infusions) based on mean changes in psychological evaluation scores using 6 different assessments including the Children's Yale-Brown Obsessive Compulsive Scale (CY-BOCS), Clinical Global Impression of Severity, and the Parent-Rated PANS Scale.</p> <p>Results: The final cohort consisted of 21 subjects (7 per site) with moderate to severe PANS. The mean age was 10.86 years (range: 4-16 years). Results demonstrated statistically significant reductions in symptoms from baseline to end of treatment in all 6 assessments measured. CY-BOCS results demonstrated statistically significant reductions in obsessive compulsive symptoms ($p < 0.0001$), resulting in > 50% improvement sustained for at least 8 weeks after the final infusion</p>

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

	<p>and up to 46 weeks in a subset of subjects.</p> <p>Conclusions: In PANS, which may be associated with an underlying immune dysregulation, sequential infusions of IVIG [Octagam 5%] successfully ameliorated psychological symptoms and dysfunction, with sustained benefits for at least 8 weeks, and up to 46 weeks in a subset of patients. In addition, baseline immune and autoimmune profiles demonstrated significant elevations in a majority of subjects, which requires further evaluation, characterization, and study to clarify the potential immune dysfunction by which PANS manifests and progresses.</p>

SCHOLARONE™
Manuscripts

Evaluation of Intravenous Immunoglobulin in Pediatric Acute-Onset Neuropsychiatric Syndrome

Isaac Melamed, MD,¹ Roger H. Kobayashi, MD,² Maeve O'Connor, MD,³ Ai Lan Kobayashi, MD,⁴ Andrew Schechterman, PhD,⁵ Melinda Heffron,¹ Sharon Canterberry, RN,⁴ Holly Miranda, RN,¹ Nazia Rashid, PharmD, MS⁶

¹IMMUNOe Research Center, Centennial, Colorado.

²University of California Los Angeles School of Medicine, Los Angeles, California.

³Allergy, Asthma & Immunology Relief, Charlotte, North Carolina.

⁴Midlands Pediatrics, Papillion, Nebraska.

⁵Colorado Neurocognitive Consulting, Centennial, Colorado.

⁶Dunwoody Consulting, Ventura, California.

Corresponding Author:

Nazia Rashid, PharmD, MS

Dunwoody Consulting

35 West Main Street, Suite B180

Ventura, California 93001

Phone: 805-665-7642

Fax: 805-456-4333

Email: naziarashidpharmacist@gmail.com

Funding Source: This study was supported by a research grant from Octapharma AG.

Running Head: IVIG in PANS

Abstract

Objectives: Pediatric acute-onset neuropsychiatric syndrome (PANS) is a clinical diagnosis in children who have an acute manifestation of varied neuropsychiatric symptoms, including obsessive compulsive disorder (OCD), eating disorders, tics, anxiety, irritability, and problems with attention/concentration. PANS may develop as a result of a post-infectious syndrome and may represent a new form of post-infectious autoimmunity. To test the hypothesis that PANS is related to an immune dysfunction, a multi-site, open-label study was designed to explore the efficacy of a novel IVIG treatment regimen.

Methods: The primary endpoint was evaluation of the efficacy of IVIG [Octagam 5%] in PANS over a period of 6 months (6 infusions) based on mean changes in psychological evaluation scores using 6 different assessments including the Children's Yale-Brown Obsessive Compulsive Scale (CY-BOCS), Clinical Global Impression of Severity, and the Parent-Rated PANS Scale.

Results: The final cohort consisted of 21 subjects (7 per site) with moderate to severe PANS. The mean age was 10.86 years (range: 4-16 years). Results demonstrated statistically significant reductions in symptoms from baseline to end of treatment in all 6 assessments measured. CY-BOCS results demonstrated statistically significant reductions in obsessive compulsive symptoms ($p < 0.0001$), resulting in $> 50\%$ improvement sustained for at least 8 weeks after the final infusion and up to 46 weeks in a subset of subjects.

Conclusions: In PANS, which may be associated with an underlying immune dysregulation, sequential infusions of IVIG [Octagam 5%] successfully ameliorated psychological symptoms and dysfunction, with sustained benefits for at least 8 weeks, and up to 46 weeks in a subset of patients. In addition, baseline immune and autoimmune profiles demonstrated significant elevations in a majority of subjects, which requires further evaluation, characterization, and study to clarify the potential immune dysfunction by which PANS manifests and progresses.

Introduction

In the late 1990s, a group of clinical researchers at the National Institutes of Mental Health (NIMH) described a subgroup of children who presented with obsessive-compulsive disorder (OCD) and/or tic disorders following streptococcal infections, and proposed the term pediatric autoimmune neuropsychiatric disorders associated with streptococcal infections (PANDAS) to describe the disorder (Swedo et al. 1998). The criteria established by the NIMH group for the diagnosis of PANDAS included: 1) the presence of OCD and/or a tic disorder; 2) pediatric onset; 3) an episodic course of symptom severity; 4) an association with streptococcal infections; 5) an association with neurological abnormalities, including piano-playing choreiform movements of the fingers and toes, which suggests that PANDAS may be similar to Sydenham's chorea (SC).

Difficulties establishing a precise link between the inciting streptococcal infection/exposure and the onset of OCD or tic symptoms, and the lack of reliable biological markers, led to a revision of the diagnostic criteria and to the proposal of a new clinical entity, pediatric acute-onset neuropsychiatric syndrome (PANS), in which the key clinical feature is "acute and dramatic symptom onset" of OCD and/or severely restrictive food intake with at least two coinciding abrupt onset, equally debilitating symptoms (anxiety; dysregulation; irritability, aggression, oppositionality; behavioral regression; cognitive deterioration; sensory or motor abnormalities; somatic symptoms) without any reference to their relationship with streptococcal infections (Swedo et al. 2012). Based on these new criteria, PANDAS would be included as a subgroup of PANS.

In 2013, the first PANS Consensus Conference was convened at Stanford University, with a geographically diverse group of clinicians and researchers from complementary fields of pediatrics: general and developmental pediatrics, infectious diseases, immunology, rheumatology, neurology, and child psychiatry. Participants were academicians with clinical and research interests in PANDAS/PANS. The goals were to clarify the diagnostic boundaries of PANS, to develop systematic strategies for evaluation of suspected PANS cases and to set forth the most urgently needed studies in this field. From this meeting, a Consensus Statement proposing recommendations for the diagnostic evaluation of youth presenting with PANS was developed (Chang et al. 2015).

1
2
3 Guidelines for treating PANS/PANDAS were published as a three-part series of articles
4 published in 2017 (Cooperstock et al. 2017, Frankovich et al. 2017, Thienemann et al. 2017) by
5 the PANS Research Consortium (PRC). Current treatment modalities for PANS include
6 psychiatric and behavioral interventions as well as the use of nonsteroidal anti-inflammatory
7 drugs (NSAIDs), antibiotic therapy, corticosteroids, plasmapheresis, and intravenous
8 immunoglobulin (IVIG). Per the guidelines, for moderate to severe PANS, oral or intravenous
9 corticosteroids may be sufficient, however, IVIG is often the preferred treatment for these
10 patients by most PRC members (Frankovich et al. 2017).
11
12
13
14
15
16
17

18 An increasing body of clinical, preclinical, and basic science research data support
19 conceptualizing PANS and PANDAS as immune-mediated neurological disorders, similar to SC,
20 and suggest that immune dysfunction may contribute to disease manifestation and progression
21 (Frankovich et al. 2015, Murphy et al. 2015, Hornig 2013, Hornig and Lipkin 2013, Cutforth et
22 al 2016). The hypothesis is that PANS may represent a new form of post-infectious
23 autoimmunity, through molecular mimicry, suggesting a potential mechanism by which the
24 disorder evolves. To test the hypothesis that PANS is related to an autoimmune dysfunction, a
25 multi-site study was proposed to explore the efficacy of multiple, consecutive infusions of IVIG
26 for PANS treatment.
27
28
29
30
31
32
33
34
35
36

37 **Methods**

38 *Participants and Study Design*

39
40 This open label study was conducted at three clinical/research sites in the United States:
41 IMMUNOe Research Center, Centennial, Colorado; Midlands Pediatrics, Papillion, Nebraska;
42 Allergy, Asthma & Immunology Relief Research Institute, Charlotte, North Carolina. A central
43 Institutional Review Board approved the study (IntegReview). Participants were recruited from
44 direct referrals from clinicians as well as ClinicalTrials.gov (NCT03348618). The parents of
45 participants provided informed consent, and study participants provided assent, when
46 appropriate.
47
48
49
50
51
52
53
54
55
56
57
58
59
60

To be eligible for the study, participants between 4 to 16 years of age were required to have a diagnosis of moderate to severe PANS based on accepted criteria (Swedo et al. 2012) as validated by the Pediatric Acute Neuropsychiatric Symptom Scale, Parent Version (PANS Scale) conducted during a prescreening phone call (for additional information, see Behavioral Assessments section)(PANS Scale 2012) (Appendix 1). It is also important to note that all patients presented with symptoms that were not controlled using standard PANS therapy (e.g., cognitive behavioral therapy, selective serotonin reuptake inhibitors, antibiotics, corticosteroids, etc.). Therefore, they required more aggressive immunomodulatory interventions (e.g., IVIG).

Participants who were using prophylactic antibiotics were required to be on a stable dose for ≥ 3 months. In addition, potential participants were excluded if they had a history of rheumatic fever, including SC (with neurologic manifestations), previous IVIG therapy within 6 months prior to screening, and/or use of corticosteroids within 6 weeks prior to screening. If potential participants had been prescribed antibiotics for an acute infection, a wash-out period of 7 days following completion of dose was required.

Behavioral Assessments

For the primary outcome measures, licensed independent (from the clinician's study center) psychologists administered validated psychometric scales including the Children's Yale-Brown Obsessive Compulsive Scale (CY-BOCS), Clinical Global Impression of Severity (CGI-S), Yale Global Tic Severity Scale (YGTSS), and the Anxiety Disorders Interview Schedule for DSM-IV, Child/Parent versions (ADIS). In addition to these assessments, two parent-rated questionnaires were utilized during the study. The PANS Scale, Parent Version (PANS Scale 2012)(Appendix 1) was administered as a prescreening measure for validation of the PANS diagnosis and to provide a baseline measurement of disease severity. Subsequent evaluations of the PANS Scale, following IVIG treatment, were also utilized to assess efficacy.

In addition to the PANS Scale, the Parent-Rated PANS Questionnaire (PRPQ) was developed specifically for this study and completed by parents at every treatment visit (Appendix 2). This questionnaire takes 10-20 minutes to complete and contains 58 items selected as key symptoms of interest for data analysis per the most important PANS characteristics reported in the literature (Swedo et al. 2012, Bernstein et al. 2010).

Exploratory Assessments

Exploratory outcome measures included evaluation of key neuroimmune panels (Cunningham Panel, Neural Zoomer), as well as immune, infectious, and atopic laboratory panels.

Based on the work by Swedo et al (Swedo et al. 2012), motor abnormalities occurring in PANS include a variety of signs and symptoms. Dysgraphia and fine motor skills may abruptly deteriorate following onset of symptoms. Therefore, obtaining a drawing sample during the acute phase, and during an asymptomatic period, is a relatively simple way to document motor changes. For these reasons, optional drawing/writing samples were collected from participants as an additional measure of assessment both prior to and following treatment.

Safety Assessments

All subjects were given a patient diary and were asked to catalog all adverse events (AEs). In addition, a follow-up phone call 72 hours post-infusion by a research coordinator was also implemented to gather AEs. The parents were instructed to record the following data in the diary: any suspected AEs, temperature (using same method for every time), infections (serious acute bacterial infections had to be validated), physician/emergency room visits, hospitalizations (overnight stays), school/work days missed because of infections or illness, concomitant medications, especially antibiotics. The diary was reviewed, and adverse events were monitored, at every treatment visit following the first IVIG infusion.

Visit Schedule and Procedures

The study consisted of a pre-screening phone call, followed by 10 visits. During the pre-screening phone call, the PANS Scale (PANS Scale 2012)(Appendix 1) was administered to assess disease severity. If the potential participant met the criteria of moderate to severe PANS, a subsequent on-site screening/baseline visit (Visit 0) was scheduled. At Visit 0, medical history and concomitant medications were assessed, baseline psychometric evaluations were conducted (CY-BOCS, CGI-S, YGTSS, ADIS), and blood was drawn for initial panel, biomarker, and safety assessments. In addition, optional pre-treatment writing and/or drawing samples were gathered from participants and parents. Four (4) weeks later, eligible participants received IVIG infusions every 21 days (± 3 days) for a total of 6 infusions over a period of 18 weeks (Visits 1-

6). In addition to IVIG infusions, AEs (including review of diaries) and concomitant medications were assessed, and parents completed the PRPQ, at each treatment visit.

Follow-up included a visit approximately 1 week after the final infusion (Visit 7) and a visit 7 weeks after the final infusion (Visit 8), the latter of which was considered the end of study (EOS) visit. At Visits 7 and 8, all psychometric evaluations (CY- BOCS, CGI-S, YGTSS, ADIS) and the PANS Scale were administered. In addition, blood was drawn for post-treatment evaluation of all panel, biomarker, and safety assessments.

Study investigators subsequently added a late visit (up to 46 weeks following the final infusion) to the study design to gather additional psychometric evaluations (CY- BOCS, CGI-S, YGTSS, ADIS) in a subset of available participants (Visit 9) to assess durability of response.

Study Drug and Dosage/Administration

Intravenous immunoglobulin (IVIG) has been used to treat primary and secondary immunodeficiencies at replacement doses of 0.2 – 0.6 g/kg body weight every 3 to 4 weeks and enhances immune homeostasis by modulating expression and function of Fc receptors, interfering with activation of complement and production of cytokines, providing anti-idiotypic antibodies, and affecting the activation and effector functions of T- and B-cells (Cunningham-Rundles et al. 1984, Perez et al. 2017, Melamed et al. 2018). In higher doses of 1 to 2 g/kg body weight, IVIG has been shown to induce immune modulation and suppress systemic inflammation, and has long been used in the treatment of autoimmune and inflammatory conditions (Dwyer 1992, Nimmerjahn and Ravetch 2007, Ballou 2014, Joao 2018).

The design of the study included on-site administration of IVIG [Octagam 5%] at a dosage of 1 g/kg of body weight every 21 days (\pm 3 days) for a total of 6 infusions (cycles) over a period of 18 weeks. The study drug was provided in bottles from the manufacturer [Octapharma], and was labeled and stored appropriately for investigational use. The study drug was administered intravenously directly from the bottle by a healthcare provider according to the labeled infusion rates (which should not exceed 3.33 mg/kg/min [200 mg/kg/hr]). Vital signs were monitored were monitored throughout each infusion.

1
2
3 It is important to note that the number of sequential IVIG infusion cycles (x6) evaluated in this
4 study is a unique treatment model that, to the best of our knowledge, has not been utilized in any
5 previously reported assessment of IVIG treatment efficacy in the PANS population.
6
7

8 9 *Statistical Analysis*

10
11 Unadjusted descriptive statistics were conducted to summarize the endpoints for eligible
12 participants to detect the mean, standard deviation (SD) for continuous variables, and
13 percentages for categorical variables. In adjusted descriptive statistics, outliers present in data
14 sets will often be removed in order to determine the adjusted mean because they can have a large
15 impact on the calculated means of small populations. To maintain the integrity of the data, we
16 didn't adjust the statistics in this manner to correct statistical averages to compensate for data
17 imbalances and variances. Differences between subjects were tested using Student's t test for
18 continuous variables and Fisher's exact tests were used for categorical variables. Analyses were
19 conducted using SAS 9.4 software (SAS Institute, Cary, NC). A two-sided p value <0.05 was
20 considered statistically significant.
21
22
23
24
25
26
27
28
29
30
31
32

33 **Results**

34 35 *Study Population*

36
37 A total of 26 patients were screened and 21 patients met the criteria for participation in the study
38 (7 participants at each site)(**Table 1**). The 5 screened patients who were unable to participate had
39 scheduling conflicts related to IVIG infusion dates, decided they didn't want to participate, or did
40 not meet inclusion criteria for severity. The enrolled patients included 13 males (62%) and 8
41 females (38%). The majority of patients were white with a mean age of 10.86 ± 2.88 and weight
42 of $43.83 \text{ kg} \pm 21.88$. As expected, the mean PANS Scale OCD Symptom Score at baseline was
43 high at 21.32 ± 5.22 (scoring system of 0-25). Per the CGI-S, 10 (48%) of participants presented
44 with moderate PANS symptoms, 6 (28%) with marked symptoms, and 5 (24%) were considered
45 severe. Again, it should be noted that mean baseline serum measurements of the calcium
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

1
2
3 calmodulin-dependent protein kinase II (CaMKII) and anti-tubulin antibodies were both
4 elevated.
5

6 7 ***Primary Efficacy Endpoints***

8
9
10 The primary efficacy endpoints were validated psychometric assessments (CY-BOCS, CGI-S,
11 YGTSS, ADIS) and parent observations (PANS Scale, PRPQ). Statistically significant
12 improvements were demonstrated in all psychometric assessments and parent questionnaires
13 from baseline to end of treatment and in early/late follow-up visits (**Figures 1-4**). In a subset of
14 patients (n=12) who participated in a late follow-up visit (29-46 weeks following the final
15 infusion), results indicate that tics returned, although they were still below baseline levels (see
16 **Figure 3**). One of the most important assessments was the PRPQ in that it demonstrates the
17 efficacy of IVIG following each infusion (see **Figure 4**). Statistically significant reductions in
18 symptoms were noted by the third IVIG infusion.
19
20
21
22
23
24
25

26 27 ***Exploratory Endpoints***

28 29 ***Biomarker Evaluations***

30
31
32 Several baseline immune, atopic, and infectious laboratory variables as well as neuroimmune
33 panels (Cunningham Panel, Neural Zoomer) were explored as possible predictors or moderators
34 of response. Of these, only CaMKII elevation (n=7 [see **Table 1**]) was found to be potentially
35 related to response based on CY-BOCS total scores at EOS. While there was a minor difference
36 in mean CY-BOCS total score between the two groups (elevated CaMKII CY-BOCS score: 10.5;
37 normal CaMKII CY-BOCS score: 7.4), the difference did not reach statistical significance. It is
38 important to note the inherent difficulties in measuring systemic serum biomarkers for a
39 localized brain disease such as PANS. It may be that the immunologic “action” is localized
40 within brain tissue and central nervous system, and blood measurements are too remote, diffuse
41 and insensitive. In animal models that include cerebrospinal fluid (CSF) measurements, brain
42 tissue biopsies, etc., results are impressive and convincing. Obviously, such studies are difficult,
43 if not impossible, to conduct in children for a variety of reasons.
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

Drawing/Writing Samples

A dramatic example of the potent effects of IVIG in this patient population is demonstrated in drawing and writing samples of the PANS subjects before and after the administration of IVIG (**Figure 5A, B**). As described, dysgraphia and fine motor skills may abruptly deteriorate following onset of symptoms with resolution following immunomodulatory treatment.

Adverse Events

Adverse effects of IVIG infusion included two severe headaches, which resolved without complication, and a low number of minor discomforts that also resolved. No serious adverse events occurred during the study.

Discussion

To the best of our knowledge, this is the first study to assess a total of six (6) infusions for the treatment of PANS. The results of this prospective, open-label, proof-of-concept study substantiate earlier randomized, controlled clinical trials of the benefits of IVIG in controlling PANS symptoms ([Perlmutter et al. 1998](#), [Williams et al. 2016](#)), however, the extended dosing strategy in this study demonstrated durability of effects up to 46 weeks following the final infusion. It is notable that per the interim measurements provided by the PRPQ, statistically significant drops in symptom scores did not occur until third infusion (see **Figure 4**). The dosing strategy in earlier randomized, controlled studies was 1 g/kg administered over two consecutive days (2 g/kg total) ([Perlmutter et al. 1998](#), [Williams et al. 2016](#)). In this study, we utilized a total dose of 1 g/kg every 3 weeks for a total of 6 infusions. While a dose of 2 g/kg of IVIG is routinely used for immunomodulation in adults, it is a very large dose in the pediatric population and must be administered over 2 to 4 days. A dose of 1 g/kg can be administered in 1-2 days in the majority of pediatric patients, which is much more manageable in this population. In addition, a total immunomodulatory IVIG dose of 1 g/kg has been shown to be effective in pediatric patients in immune thrombocytopenic purpura ([Warrier et al. 1997](#)).

1
2
3 In the first double-blind, placebo-controlled investigation conducted by Perlmutter et al,
4 therapeutic plasma exchange (TPE) (5 single-volume exchanges over 2 weeks), IVIG (1 g/kg
5 daily on 2 consecutive days), or placebo (saline solution given in the same manner as IVIG) were
6 compared (Perlmutter et al. 1999). Results demonstrated that IVIG and TPE were both effective
7 in reducing OCD symptoms in PANDAS patients (by 45% and 58%, respectively), whereas a
8 placebo infusion had no discernable effect (Perlmutter et al. 1999). In contrast, non-PANDAS
9 OCD (Nicolson et al. 2000) and tic disorders (Hoekstra et al. 2004) do not demonstrate benefits
10 in TPE and IVIG, respectively.
11
12
13
14
15
16
17

18 Although the use of IVIG in the treatment of PANS has been utilized clinically, no additional
19 placebo-controlled trials were conducted until 2016 (Williams et al. 2016). The study consisted
20 of four visits: baseline, week 6 (end of the blinded phase), week 12 (end of the open-label phase),
21 and week 24 (follow-up). At baseline, participants received either IVIG (2 g/kg per day
22 administered at 1 g/kg over 2 days)(n = 17) or placebo (n = 18). Six weeks following baseline,
23 participants were evaluated, and a “responder” was defined as a decrease in CY-BOCS score of
24 $\geq 30\%$, and “Much” or “Very Much” improved rating on CGI-I. Nonresponders to the blinded
25 infusion were offered an open-label IVIG infusion.
26
27
28
29
30
31
32

33 At 6 weeks, the mean decrease in OCD severity was greater in the IVIG cohort than in placebo,
34 but this difference did not reach statistical significance. It was determined that the study’s power
35 to detect between-group differences was tempered by the high variability in individual
36 improvement after double-blind administration of IVIG. It was also known to the participants
37 and their parents that those who did not meet the criteria for a “responder” in the 6-week
38 portion of the study would receive an open-label IVIG infusion. OCD severity scores for those
39 receiving open-label IVIG (regardless of whether they had received a placebo or blinded IVIG
40 infusion) decreased roughly 50% in 6 weeks. Because these improvements were only
41 demonstrated during the open-label phase of the trial, it was not possible to definitively
42 determine the efficacy of IVIG. In particular, participants may have over-reported symptom
43 severity in the double-blind portion of the study to increase the possibility of getting open-label
44 IVIG at 6 weeks.
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

1
2
3 The positive results from this study contribute to the gathering evidence in support of
4 conceptualizing PANS as an immune-mediated brain disease, similar to SC, involving the
5 caudate, putamen, and other basal ganglia structures. Published data support the premise that
6 PANS is an autoimmune disorder in susceptible children resulting in immune dysregulation
7 involving autoantibodies, autoreactive T-cells, disruption in T-regulatory cell function,
8 microglial cell dysregulation, inappropriate release of or response to inflammatory cytokines,
9 and autoreactive B-cells which result in an inflammatory disorder of the basal ganglia (Hornig
10 2013, Hornig and Lipkin 2013, Williams and Swedo 2015, Cutforth et al. 2016, Frick and
11 Pittenger 2016, Frankovitch et al. 2017). Therefore, the use of a broad-spectrum
12 immunomodulatory agent, such as IVIG, should result in changes in behavior brought on by
13 abnormal inflammation (Ballow 2014, Spinello et al. 2016, Frankovitch et al. 2017, Joaõ et al.
14 2018). In other words, if PANS were not an autoimmune, autoinflammatory disease, then an
15 immunomodulatory intervention, such as IVIG, should not have any impact on psychometric and
16 clinical measurements. As the results of our study demonstrate, sequential infusions of IVIG had
17 a significant, positive impact on PANS patients, supporting the characterization of PANS as an
18 autoimmune disorder.
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33

34 **Conclusions**

35
36
37 The results of this study demonstrated that in PANS, which may be associated with an
38 underlying immune dysregulation, sequential infusions of IVIG [Octagam 5%] successfully
39 ameliorated psychological symptoms and dysfunction, with sustained benefits for at least 8
40 weeks, and up to 46 weeks in a subset of patients, following the final infusion. In addition,
41 baseline immune and autoimmune profiles demonstrated significant elevations in a majority of
42 subjects, which requires further evaluation, characterization, and study to clarify the potential
43 immune dysfunction by which PANS manifests and progresses.
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

Clinical Significance

The limitations of this open-label pilot study include the small sample size and lack of a control group. However, in PANS patients, all psychometric endpoints studied exhibited statistically significant decreases following 6 infusions of IVIG. These positive results warrant a randomized, placebo-controlled trial to definitively evaluate the impact of multiple, sequential IVIG infusions on PANS symptoms. The durability of response is also noteworthy. Although the majority of PANS symptoms were still under control at the late follow-up visit (up to 46 weeks), it is of interest that tics returned in a subset of patients following wash-out of IVIG. For these patients, additional infusions may be required to ameliorate recurrent symptoms.

Acknowledgments

This work was supported by a financial grant from Octapharma. We also acknowledge the support of Shireen Dunwoody of Dunwoody Consulting for data interpretation and review, as well as assistance with development, review, and revisions of the manuscript. Cunningham Panel laboratory assessments and consulting expertise were provided by Moleculera Labs.

References

Ballou M. Mechanisms of immune regulation by IVIG. *Curr Opin Allergy Clin Immunol* 14:509-515, 2014.

Bernstein GA, Victor AM, Pipal AJ, Williams KA: Comparison of clinical characteristics of pediatric acute autoimmune neuropsychiatric disorders associated with streptococcal infections and childhood obsessive-compulsive disorder. *J Child Adolesc Psychopharmacol* 20:333-340, 2010.

Chang K, Frankovich J, Cooperstock M, Cunningham MW, Latimer ME, Murphy TK, Pasternack M, Thienemann M, Williams K, Walter J, Swedo SE: Clinical evaluation of youth

1
2
3 with pediatric acute-onset neuropsychiatric syndrome (PANS): recommendations from the 2013
4 PANS Consensus Conference. *J Child Adolesc Psychopharmacol* 25:3–13, 2015.

5
6
7
8 Cooperstock M, Swedo S, Pasternack M, Murphy T: Clinical management of pediatric acute-
9 onset neuropsychiatric syndrome (PANS): part III - treatment and prevention of infections. *J*
10 *Child Adolesc Psychopharmacol* 27:594-606, 2017.

11
12
13
14 Cunningham-Rundles C, Siegel FP, Smithwick EM, Lion-Boule A, Cunningham-Rundles S,
15 O'Malley J, Barandun S, Good RA. Efficacy of intravenous immunoglobulin in primary humoral
16 immunodeficiency disease. *Ann Intern Med* 101:435-439, 1984.

17
18
19
20 Cutforth T, DeMille MM, Agalliu I, Agalliu D: CNS autoimmune disease after infections:
21 Animal models, cellular mechanisms and genetic factors. *Future Neurol* 11:63–76, 2016.

22
23
24 Dwyer JM: Manipulating the immune system with immunoglobulin. *New Engl J Med* 326: 4104-
25 4109, 1992.

26
27
28
29 Frankovich J, Swedo S, Murphy T, Dale RC, Agalliu D, Williams K, Daines M, Hornig M,
30 Chugani H, Sanger T, Muscal E, Pasternack M, Cooperstock M, Gans H, Zhang Y, Cunningham
31 M, Bernstein G, Bromberg R, Willet T, Brown K, Farhadian B, Chang K, Geller D, Hernandez J,
32 Sherr J, Shaw R, Latimer E, Leckman J, Thienemann M: Clinical management of pediatric
33 acute-onset neuropsychiatric syndrome (PANS): part II - use of immunomodulatory therapies. *J*
34 *Child Adolesc Psychopharmacol* 27:574-593, 2017.

35
36
37
38 Frankovich J, Thienemann M, Pearlstein J, Crable A, Brown K, Chang K: Multidisciplinary
39 clinic dedicated to treating youth with pediatric acute-onset neuropsychiatric syndrome:
40 Presenting characteristics of the first 47 consecutive patients. *J Child Adolesc Psychopharmacol*
41 25:38–47, 2015.

42
43
44
45 Frick L, Pittenger C. Microglial dysregulation in OCD, Tourette syndrome, and PANDAS. *J*
46 *Immuno Res* 2016:108, 2016.

47
48
49
50 Hoekstra PJ, Minderaa RB, Kallenberg CG: Lack of effect of intravenous immunoglobulins on
51 tics: A double-blind placebo-controlled study. *J Clin Psychiatry* 65:537–542, 2004.

1
2
3 Hornig M: The role of microbes and autoimmunity in the pathogenesis of neuropsychiatric
4 illness. *Curr Opin Rheumatol* 25:488–795, 2013.

5
6
7
8 Hornig M, Lipkin WI: Immune-mediated animal models of Tourette syndrome. *Neurosci*
9 *Biobehav Rev* 37:1120–1138, 2013.

10
11
12 Joao C, Negi VS, Kazatchkine MD, Bayry J, Kaveri SV. Passive serum therapy to
13 immunomodulation by IVIG: a fascinating journey of antibodies. *J Immunol* 200;1957-1963,
14 2018.

15
16
17
18 Melamed I, Heffron M, Dana R, Testori A, Rashid N: Observational study of intravenous
19 immunoglobulin 5% for alleviating adverse drug reactions in primary immunodeficiency
20 disorders. *J Clin Cell Immunol* 10:3, 2019.

21
22
23
24 Murphy TK, Patel PD, McGuire JF, Kennel A, Mutch PJ, Parker-Athill EC, Hanks CE, Lewin
25 AB, Storch EA, Toufexis MD, Dadlani GH, Rodriguez CA: Characterization of the pediatric
26 acute-onset neuropsychiatric syndrome phenotype. *J Child Adolesc Psychopharmacol* 25:14-25,
27 2015.

28
29
30
31
32 Nicolson R, Swedo SE, Lenane M, Bedwell J, Wudarsky M, Gochman P, Hamburger SD,
33 Rapoport JL: An open trial of plasma exchange in childhood-onset obsessive-compulsive
34 disorder without poststreptococcal exacerbations. *J Am Acad Child Adolesc Psychiatry*
35 39:1313–1315, 2000.

36
37
38
39
40 Nimmerjahn F, Ravetch JV: The antiinflammatory activity of IgG: the intravenous IgG paradox. *J*
41 *Exp Med* 204(1):11–5, 2007.

42
43
44
45 Pediatric acute neuropsychiatric symptoms scale, parent version (PANS Scale). Available at:
46 http://pandasnetwork.org/wp-content/uploads/2018/11/pandas_pans_scale.pdf. Accessed
47 February 20, 2020.

48
49
50
51 Perez EE, Orange JS, Bonila F, Chinen J, Chinn IK, Dorsey M, El-Gamal Y, Harville TO,
52 Hossny E, Mazer B, Nelson R, Secord E, Jordan SC, Stiehm R, Vo AA, Ballow M: Update on
53 the use of immunoglobulin in human disease: a review of evidence. *J Allergy Clin Immunol* 139:
54 S1-S46, 2017.

1
2
3 Perlmutter SJ, Leitman SF, Garvey MA, Hamburger S, Feldman E, Leonard HL, Swedo SE:
4 Therapeutic plasma exchange and intravenous immunoglobulin for obsessive-compulsive
5 disorder and tic disorders in childhood. *Lancet* 354:1153–1158, 1999.
6
7

8
9 Spinello C, Laviola G, Macri S. Pediatric autoimmune disorders associated with streptococcal
10 infections and Tourette's syndrome in preclinical studies. *Front Neurosci* 10:310, 2016.
11
12

13
14 Swedo SE, Leckman JF, Rose NR: Modifying the PANDAS criteria to describe PANS (pediatric
15 acute-onset neuropsychiatric syndrome). *Pediatr Ther* 2:1–8, 2012.
16
17

18 Swedo SE, Leonard HL, Garvey M, Mittleman B, Allen AJ, Perlmutter S, Lougee L, Dow S,
19 Zamkoff J, Dubbert BK: Pediatric autoimmune neuropsychiatric disorders associated with
20 streptococcal infections: clinical description of the first 50 cases. *Am J Psychiatry* 155:264–271,
21 1998.
22
23
24
25

26 Thienemann M, Murphy T, Williams K, Leckman J, Shaw R, Geller D, Kapphahn C, Frankovich
27 J, Elia J, Chang K, Hommer R, Swedo S: Clinical management of pediatric acute-onset
28 neuropsychiatric syndrome (PANS): part I - psychiatric and behavioral interventions. *J Child*
29 *Adolesc Psychopharmacol* 27:566-573, 2017.
30
31
32
33

34 Warriar I, Bussel JB, Valdez L, Barbosa J, Beardsley DS: Safety and efficacy of low-dose
35 intravenous immunoglobulin (IVIG) treatment for infants and children with immune
36 thrombocytopenic purpura. *J Ped Hematol Oncol* 19:197-201, 1997.
37
38
39

40 Williams KE, Swedo SE: Post-infectious autoimmune disorders: Sydenham's chorea, PANDAS
41 and beyond. *Brain Res* 1617:144-154, 2015.
42
43
44
45
46

47 **Figure Legends**

48
49

50 **Figure 1.** Unadjusted mean Children's Yale-Brown Obsessive Compulsive Scale (CY-BOCS)
51 total scores (* $p < 0.05$ was considered statistically significant). Note that in a subset of patients
52 ($n=12$) who participated in a late follow-up visit (29-46 weeks following the final infusion),
53 results continued to improve as compared to baseline. The timing of evaluations is as follows:
54
55
56
57
58
59
60

1
2
3 Visit 7 (19 weeks after baseline), Visit 8 (26 weeks after baseline), Visit 9 (29-46 weeks after
4 Visit 8/final infusion and 55-72 weeks after baseline).

5
6
7
8 **Figure 2.** Unadjusted mean Clinical Global Impression of Severity (CGI-S) scores (* $p < 0.05$
9 was considered statistically significant). Note that in a subset of patients ($n=12$) who participated
10 in a late follow-up visit (29-46 weeks following the final infusion), results continued to improve
11 as compared to baseline. The timing of evaluations is as follows: Visit 7 (19 weeks after
12 baseline), Visit 8 (26 weeks after baseline), Visit 9 (29-46 weeks after Visit 8/final infusion and
13 55-72 weeks after baseline).

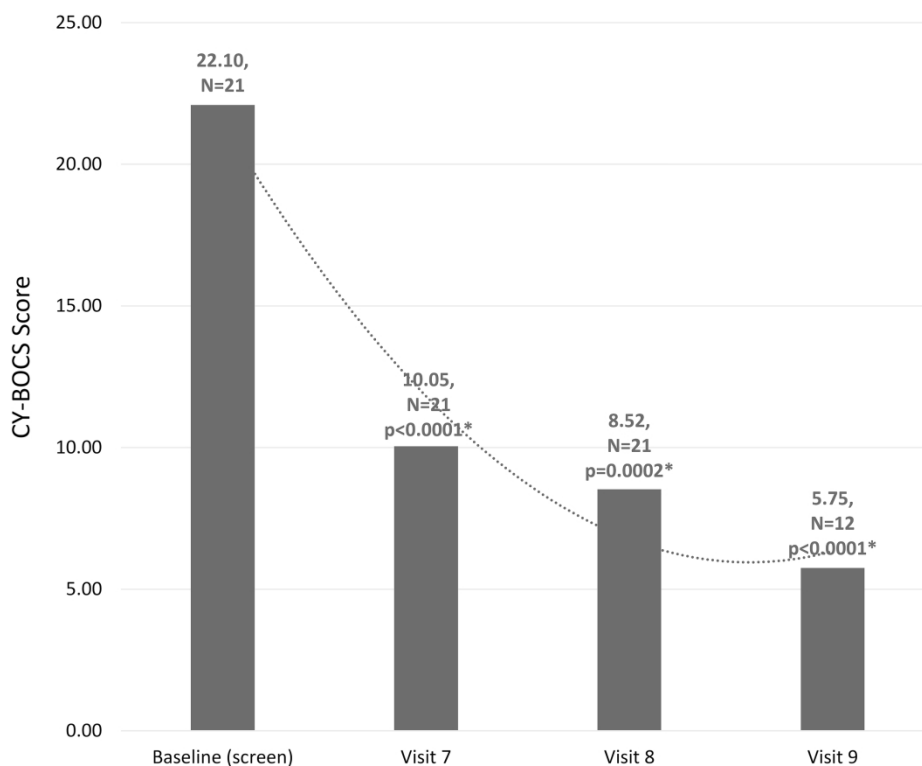
14
15
16
17
18
19 **Figure 3.** Unadjusted mean Yale Global Tic Severity Scale (YGTSS) scores (* $p < 0.05$ was
20 considered statistically significant). Note that in a subset of patients ($n=12$) who participated in a
21 late follow-up visit (29-46 weeks following the final infusion), results indicate that tics returned,
22 although they were still below baseline levels. The timing of evaluations is as follows: Visit 7
23 (19 weeks after baseline), Visit 8 (26 weeks after baseline), Visit 9 (29-46 weeks after Visit
24 8/final infusion and 55-72 weeks after baseline).

25
26
27
28
29
30 **Figure 4.** Unadjusted mean scores from infusion 1 to infusion 6 (infusions occurred every 3
31 weeks) of the Parent-Rated Pediatric Acute-Onset Neuropsychiatric Syndrome Questionnaire
32 (PRPQ)(Appendix 2) (* $p < 0.05$ was considered statistically significant). This questionnaire
33 takes 10-20 minutes to complete and contains 58 items selected as key symptoms of interest for
34 data analysis per the most important PANS characteristics reported in the literature. The
35 importance of this assessment, as compared to the others conducted in this study, is that it
36 demonstrates the efficacy of IVIG following each infusion. Statistically significant reductions in
37 symptoms were noted by the third IVIG infusion.

38
39
40
41
42
43
44
45 **Figure 5.** The subject was asked to draw, “self and others.” A) Subject’s drawing prior to
46 treatment. B) Subject’s drawing following IVIG treatment.

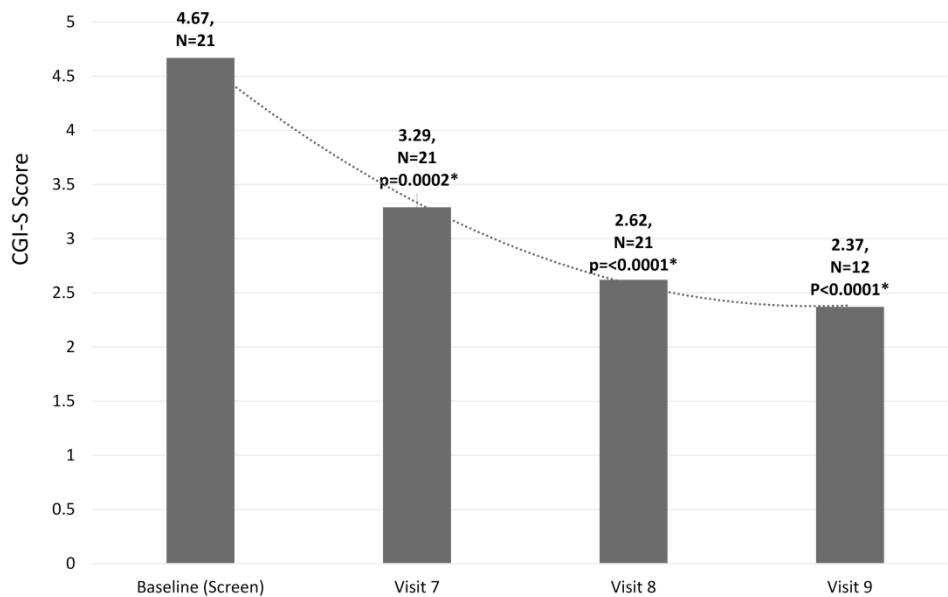
Disclosures

I.M. has received honoraria and research support from Octapharma AG; he has also received honoraria and research support from the Pharming group. R.H.K. has received honoraria and research support from Octapharma AG, research support and honoraria from Takeda (previously Baxalta/Shire), research support from the Vietnam Respiratory Society, Hanoi Vietnam, research support from Vietnam National Children and Hospital Hanoi, Vietnam, and personal fees/honoraria from UCLA School of Medicine. M.O. has received honoraria and research support from Octapharma AG. A.L.K. has received honoraria, research support from Octapharma AG. A.S., M.H., S.C., H.M., and N.R. have nothing to disclose other than their employment affiliations.



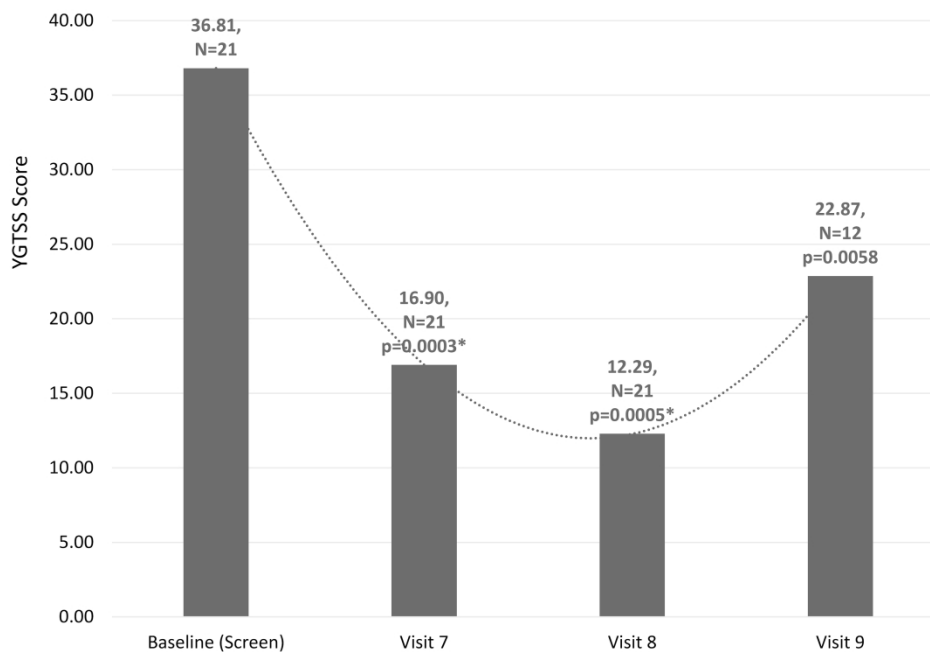
Unadjusted mean Children's Yale-Brown Obsessive Compulsive Scale (CY-BOCS) total scores (*p < 0.05 was considered statistically significant). Note that in a subset of patients (n=12) who participated in a late follow-up visit (29-46 weeks following the final infusion), results continued to improve as compared to baseline. The timing of evaluations is as follows: Visit 7 (19 weeks after baseline), Visit 8 (26 weeks after baseline), Visit 9 (29-46 weeks after Visit 8/final infusion and 55-72 weeks after baseline).

125x101mm (600 x 600 DPI)



Unadjusted mean Clinical Global Impression of Severity (CGI-S) scores (*p < 0.05 was considered statistically significant). Note that in a subset of patients (n=12) who participated in a late follow-up visit (29-46 weeks following the final infusion), results continued to improve as compared to baseline. The timing of evaluations is as follows: Visit 7 (19 weeks after baseline), Visit 8 (26 weeks after baseline), Visit 9 (29-46 weeks after Visit 8/final infusion and 55-72 weeks after baseline).

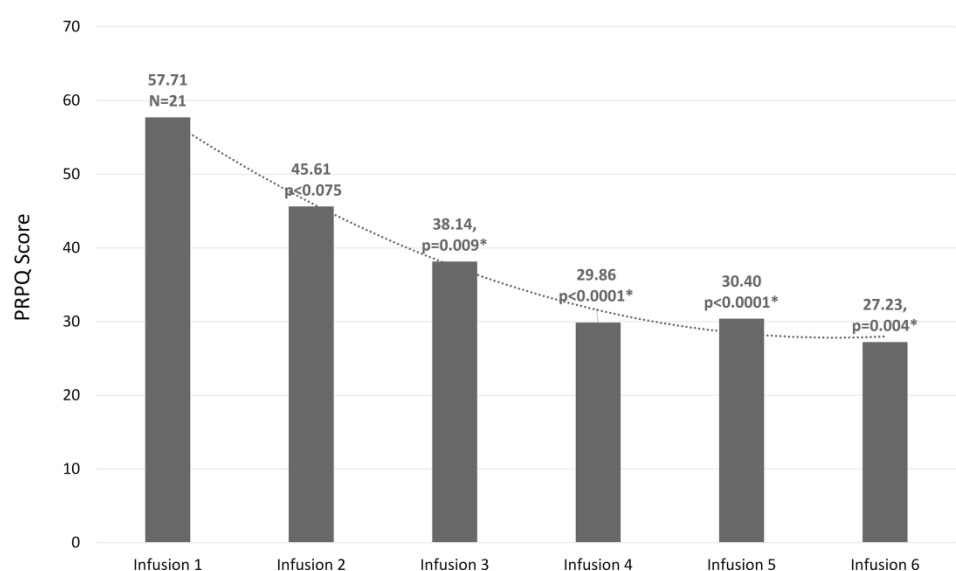
157x101mm (600 x 600 DPI)



Unadjusted mean Yale Global Tic Severity Scale (YGTSS) scores (* $p < 0.05$ was considered statistically significant). Note that in a subset of patients ($n=12$) who participated in a late follow-up visit (29-46 weeks following the final infusion), results indicate that tics returned, although they were still below baseline levels. The timing of evaluations is as follows: Visit 7 (19 weeks after baseline), Visit 8 (26 weeks after baseline), Visit 9 (29-46 weeks after Visit 8/final infusion and 55-72 weeks after baseline).

142x101mm (600 x 600 DPI)

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60



Unadjusted mean scores from infusion 1 to infusion 6 (infusions occurred every 3 weeks) of the Parent-Rated Pediatric Acute-Onset Neuropsychiatric Syndrome Questionnaire (PRPQ)(Appendix 2) (*p < 0.05 was considered statistically significant). This questionnaire takes 10-20 minutes to complete and contains 58 items selected as key symptoms of interest for data analysis per the most important PANS characteristics reported in the literature. The importance of this assessment, as compared to the others conducted in this study, is that it demonstrates the efficacy of IVIG following each infusion. Statistically significant reductions in symptoms were noted by the third IVIG infusion.

165x101mm (600 x 600 DPI)

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60



Figure 5. The subject was asked to draw, "self and others." A) Subject's drawing prior to treatment. B) Subject's drawing following IVIG treatment.

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60



Figure 5. The subject was asked to draw, "self and others." A) Subject's drawing prior to treatment. B) Subject's drawing following IVIG treatment.

107x76mm (300 x 300 DPI)

Table 1. Sociodemographic and Baseline Clinical Characteristics

<i>Characteristic</i>	<i>n (%)</i>	<i>Mean ± SD</i>
Age	21 (100)	10.86 ± 2.88
Male sex	13 (62)	
Female sex	8 (38)	
Race		
White	19 (90)	
Asian	1 (5.0)	
Asian/White	1 (5.0)	
Weight (kg)	20 (95)	43.83 ± 21.18
PANS Scale		
OCD Symptom Score (0-25)	19 (90)	21.32 ± 5.22
CY-BOCS total (0-40)	21 (100)	22.10 ± 7.82
CGI Severity		4.67 ± 0.84
Moderate (4)	10 (48)	
Marked (5)	6 (28)	
Severe (6)	5 (24)	
CaMKII		
Serum	21 (100)	130.85 ± 25.01
Elevated (> 130)	7 (33)	
Anti-tubulin antibodies		
Serum	21 (100)	1880.95 ± 1252.66
Elevated (≥ 1000)	20 (95)	

Abbreviations: n=number; SD=standard deviation; PANS Scale: Pediatric Acute Neuropsychiatric Symptoms Scale; OCD=Obsessive compulsive disorder; CY-BOCS=Children's Yale-Brown Obsessive Compulsive Scale (CY-BOCS); CGI=Clinical Global Impressions; CaMKII= calcium calmodulin-dependent protein kinase II.

PEDIATRIC ACUTE NEUROPSYCHIATRIC SYMPTOM SCALE* Parent version

Date: _____ **Name:** _____ **Gender:** F M

Date of birth: _____

Date of onset: _____

Informants: _____ **Telephone numbers** _____

Version: June 6, 2012

DOMAIN	One week prior to 1 st Onset	Week following 1 st Onset	Current (past 7 days)
Date			
Obsessive-compulsive symptoms (0-25) (5 X the worst of the OC symptoms)**			
Associated neuropsychiatric (NP) symptoms (0-25) (sum of the 5 (of 7) worst NP domains)***			
1. Anxiety symptoms (0-5)			
2. Extreme moodiness and/or depression (0-5)			
3. Irritability or aggressive behavior (0-5)			
4. Learning/cognitive symptoms, confusion (0-5)			
5. Behavioral regression (0-5)			
6.A. Sensory symptoms (0-5)			
6.B. Hallucinations (0-5)			
6.C. Motor symptoms (0-5)			
7.A. Urinary symptoms (0-5)			
7.B. Sleep disturbance, fatigue (0-5)			
7.C. Dilated pupils (0-5)			
TOTAL SYMPTOMS (0-50)			
Impairment (0-50)			
TOTAL SCORE (0-100)			

*Based on the clinical experience of Susan Swedo, M.D., Miroslav Kovacevic, M.D., Beth Latimer, M.D., and James Leckman, M.D., with the help of Diana Pohlman, Keith Moore and many other parents. **Six Obsessive-compulsive symptoms domains are presented. Rate all of them. However, on the above table only enter the score of the most severe domain (times 5; 0-25).***Seven Associated symptom domains are presented. Rate all of them. However, for each domain one or more symptom sets are listed. On the above table, only enter the score of the most severe symptom set for each domain (0-5).

Date:

Name:

SYMPTOM SEVERITY RATING SCALE (use these anchor points for each of the symptoms)

Severity (rate each of the symptoms listed on the following pages for the past week)	
NONE No evidence of specific symptoms and behaviors	0
MINIMAL Specific symptoms and/or behaviors are present but are only evident occasionally and not a major source of difficulty.	1
MILD Specific symptoms and/or behaviors are present during the past week, and are episodically a source of some distress and difficulty.	2
MODERATE Specific symptoms and/or behaviors are present every day and are a source of distress and difficulty.	3
SEVERE Specific symptoms and/or behaviors are present every day and are severe resulting in a great deal of distress and difficulty.	4
EXTREME Specific symptoms and/or behaviors are always present and are extremely severe resulting in an extreme degree of distress and difficulty.	5

If multiple time points will be rated on this form, please use the following indicators:

“**B**” = Symptom severity one week **Before** the onset of the first episode of illness

“**O**” = Symptom severity during the week following the initial **Onset** of symptoms

“**C**” = **Current** symptom severity during the past week

Date:

Name:

Informant:

I. CORE Obsessive-compulsive Symptoms (circle and rate ALL symptoms that have been present in the past week). Use the “BOC” indicators if multiple time points are being scored (see p. 2).

Obsessive-compulsive symptoms	0 = Absent	1 = Minimal	2 = Mild	3 = Moderate	4 = Severe	5 = Extreme
Intrusive and persistent obsessional worries (anxieties) about dirt and germs and related washing compulsions (circle obsessions and/or compulsions)						
Intrusive and persistent obsessional worries (anxieties) about harm to self or others and related compulsions; a need to tell or confess (this symptom domain may be closely related to separation worries, but rate both if both are present)						
Intrusive and persistent obsessional worries (anxieties) about sexual or religious thoughts or behaviors and related rituals and compulsions						
Intrusive obsessional worries about symmetry and related compulsions: ordering, counting, or arranging; a need to touch, tap or rub, or a need for things to feel, look, or sound ‘just right’						

Obsessive-compulsive symptoms	0 = Absent	1 = Minimal	2 = Mild	3 = Moderate	4 = Severe	5 = Extreme
Intrusive and persistent obsessional worries (anxieties) about collecting and hoarding						
Restrictive and/or avoidant food intake symptoms; Eating or feeding disturbance (including but not limited to apparent lack of interest in eating or food; avoidance based on the sensory characteristics of food; or concern about aversive consequences of eating) resulting in a refusal to eat (atypical anorexia) or a marked decrease in food intake						
Miscellaneous. The need to know or remember; Fear of saying certain things; Fear of not saying just the right thing; Intrusive (non-violent) images; Intrusive sounds, words, music or numbers; Need to repeat activities (e.g. in/out of a doorway, up/down from chair); The need to involve another person (usually a parent) in ritual (e.g. asking a parent to repeatedly answer the same question; Mental rituals other than checking / counting; Excessive list making; Other (describe) _____ _____						
Severity of all the above Obsessive-compulsive symptoms (over the past week) Five times this rating [0-25] should be entered on p. 1						

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

For Peer Review Only/Not for Distribution

II. ASSOCIATED SYMPTOMS (circle and rate ALL symptoms that have been present in the past week). Use the "BOC" indicators if multiple time points are being scored (see p. 2).

1. Anxiety symptoms	0 = Absent	1 = Minimal	2 = Mild	3 = Moderate	4 = Severe	5 = Extreme
Separation anxiety – need to maintain proximity to person, a familiar location, or a thing						
General anxiety						
Unfounded irrational fears and/or phobias						
Panic episodes						

2. Emotional lability, depression,	0 = Absent	1 = Minimal	2 = Mild	3 = Moderate	4 = Severe	5 = Extreme
Emotional lability – mood swings - moodiness						
Depression with or without suicidal or self-injurious thoughts						

3. Increased irritability or aggressive behavior	0 = Absent	1 = Minimal	2 = Mild	3 = Moderate	4 = Severe	5 = Extreme
Increased irritability; defiant/ irrational demands; reactive aggressive behavior, temper tantrums; rage attacks						

4. Behavioral regression	0 = Absent	1 = Minimal	2 = Mild	3 = Moderate	4 = Severe	5 = Extreme
Behavioral regression ("baby talk," behavior atypical for actual chronological age)						
Change in personality						

5. School performance Concentration/ Learning	0 = Absent	1 = Minimal	2 = Mild	3 = Moderate	4 = Severe	5 = Extreme
Difficulties in attention, concentration or learning – unable to concentrate or a clear problem with immediate or short term memory						
Loss of academic skills – especially math or in reading or writing						
Confusion						

6.A. Sensory symptoms	0 = Absent	1 = Minimal	2 = Mild	3 = Moderate	4 = Severe	5 = Extreme
Heightened sensitivity to light, the way things “feel” (tags or labels) or “sound” or other sensory stimuli – such as smell or taste; a need to touch things in a specific way; how things “look” including spatial distortion (eg, objects appear closer than they actually are)						

6.B. Hallucinations.	0 = Absent	1 = Minimal	2 = Mild	3 = Moderate	4 = Severe	5 = Extreme
Visual or auditory hallucinations						

6.C. Motor symptoms	0 = Absent	1 = Minimal	2 = Mild	3 = Moderate	4 = Severe	5 = Extreme
Dysgraphia (loss of ability to draw, copy figures and/or write letters)						
Motoric hyperactivity and/or adventitious movements - kicking, spitting, flailing, rolling, or stomping (do not rate tics here); unable to stay still						
Piano playing finger movements						
Simple motor tics or vocal tics (grunting, squeaking, etc)						
Complex motor or vocal tics including; spitting, obscene words or actions, repeating words or actions changes in rate or pitch of speech						

7.A. Urinary symptoms	0 = Absent	1 = Minimal	2 = Mild	3 = Moderate	4 = Severe	5 = Extreme
Urinary frequency or increased urge to urinate; daytime or night; inability to urinate						

7.B. Sleep disturbance - Fatigue	0 = Absent	1 = Minimal	2 = Mild	3 = Moderate	4 = Severe	5 = Extreme
Sleep problems (lengthy bedtime rituals, insomnia, inability to sleep; hypersomnia, nightmares)						
Extreme tiredness or fatigue						

7.C. Dilated pupils	0 = Absent	1 = Minimal	2 = Mild	3 = Moderate	4 = Severe	5 = Extreme
Dilated pupils –“terror stricken look”						

Name:

Informant:

III. Impairment Rating

Use the "BOC" indicators if multiple time points are being scored (see p. 2).

IMPAIRMENT (<i>past week</i>)		
NONE	0	
MINIMAL Symptoms associated with subtle difficulties in self-esteem, family life, social acceptance, or school or job functioning (infrequent upset or concern about the future, periodic, slight increase in family tensions because of symptoms; friends or acquaintances may occasionally notice or comment about symptoms in an upsetting way).	10	
MILD Symptoms associated with minor difficulties in self-esteem, family life, social acceptance, or school functioning.	20	
MODERATE Symptoms associated with some clear problems in self-esteem, family life, social acceptance, or school or job functioning (episodes of dysphoria, periodic distress and upheaval in the family, frequent teasing by peers or episodic social avoidance, periodic interference in school performance because of PANS symptoms).	30	
SEVERE Symptoms associated with major difficulties in self-esteem, family life, social acceptance, or school functioning.	40	
EXTREME Symptoms associated with extreme difficulties in self-esteem, family life, social acceptance, or school functioning (severe depression with suicidal ideation, disruption of the family (separation/divorce, residential placement), disruption of social ties - severely restricted life because of social stigma and social avoidance, removal from school).	50	

PANS Questionnaire
Parent-Rated Symptom Severity

Subject Identifier: _____

Date: _____

INSTRUCTIONS:

This form is for you to rate your child's symptoms related to PANS at each study visit as part of the clinical trial. You will be able to review the previous visit to note if there have been any changes in any of the behaviors. The ratings are to show any worsening of the condition or improvement. The column for previous behavior would be checked if the child had this symptom prior to PANS. For example, if your child had attention issues before the diagnosis of PANS, please check the box for previous behavior and then rate the severity.

As well, we would like to capture your ratings of the initial on-set of the PANS symptoms. At the screening visit, please fill out one for the initial onset and one for how they are at the time of the visit. Please check the box if you feel that the symptoms at each visit are 'spiking' (exacerbation) or if the symptoms have reduced to be in more of a 'remission' phase (remission). Feel free to write any added comments or symptoms that are not in the form that you feel are important.

 Screening Infusion # _____ End of study

Parent-Rated Syndrome Status:

 Initial – historical Exacerbation Remission

Does your child experience:	None	Mild	Moderate	Severe	Extreme	Previous behavior
1. Separation anxiety	0	1	2	3	4	
2. Irrational fears or worries	0	1	2	3	4	
3. Specific phobias - _____	0	1	2	3	4	
4. Sleep disturbances	0	1	2	3	4	
5. Difficulty falling asleep	0	1	2	3	4	
6. Difficulty staying asleep	0	1	2	3	4	
7. Waking too early	0	1	2	3	4	
8. Bedtime fears	0	1	2	3	4	
9. Nightmares	0	1	2	3	4	

PANS Questionnaire
Parent-Rated Symptom Severity

Subject Identifier: _____

Date: _____

Does your child experience:	None	Mild	Moderate	Severe	Extreme	Previous behavior
10. Increase in frequency of urination	0	1	2	3	4	
11. Urinary urgency	0	1	2	3	4	
12. Enuresis - bed wetting	0	1	2	3	4	
13. Sensory defensiveness	0	1	2	3	4	
14. Sensitive to light	0	1	2	3	4	
15. Sensitive to noises	0	1	2	3	4	
16. Sensitive to smells	0	1	2	3	4	
17. Sensitive to textures - touch	0	1	2	3	4	
18. Sensitive to clothing	0	1	2	3	4	
19. Need to touch (feel) specific items or textures	0	1	2	3	4	
20. Change in food intake or eating behaviors	0	1	2	3	4	
21. Anorexic behavior	0	1	2	3	4	
22. Body-image distortion	0	1	2	3	4	
23. Sensitive to food texture	0	1	2	3	4	
24. Fear of choking	0	1	2	3	4	
25. Fear of contamination	0	1	2	3	4	
26. Irritability	0	1	2	3	4	
27. Agitation	0	1	2	3	4	
28. Depressive state	0	1	2	3	4	
29. Oppositional behaviors	0	1	2	3	4	
30. Defiant behavior	0	1	2	3	4	
31. Aggressive behaviors	0	1	2	3	4	
32. Fear of harming others	0	1	2	3	4	
33. Fear of harm to self	0	1	2	3	4	
34. Self-injurious behaviors	0	1	2	3	4	
35. Mood swings - emotional lability	0	1	2	3	4	
36. Obsessive compulsive behaviors (OCD)	0	1	2	3	4	
37. OCD behaviors at home	0	1	2	3	4	
38. OCD behaviors in school	0	1	2	3	4	
39. OCD behaviors with peers	0	1	2	3	4	
40. Excessive ritualized hand-washing	0	1	2	3	4	

FOC

PANS Questionnaire
Parent-Rated Symptom Severity

Subject Identifier: _____

Date: _____

Does your child experience:	None	Mild	Moderate	Severe	Extreme	Previous behavior
41. Excessive cleaning	0	1	2	3	4	
42. Excessive concern with illness or disease	0	1	2	3	4	
43. Repeated rituals	0	1	2	3	4	
44. Checking compulsion	0	1	2	3	4	
45. Inattention	0	1	2	3	4	
46. Hyperactivity	0	1	2	3	4	
47. Impulsivity	0	1	2	3	4	
48. Motor tics	0	1	2	3	4	
49. Abnormal hand or finger movements	0	1	2	3	4	
50. Increase in clumsiness	0	1	2	3	4	
51. Change in gait	0	1	2	3	4	
52. Behavioral regression	0	1	2	3	4	
53. Language regression	0	1	2	3	4	
54. Decline in handwriting	0	1	2	3	4	
55. Decline in school performance	0	1	2	3	4	
56. Loss of math skills	0	1	2	3	4	
57. Decline in artistic skills	0	1	2	3	4	
58. Decline in school attendance	0	1	2	3	4	

COMMENTS:

tribution